

Year 7 Curriculum			Year 8 Curriculum		
Term	Duration	Activity	Term	Duration	Activity
Autumn 1 Mon 4th sept-fri 13th oct	1 week	Baseline testing	Autumn 1	1 week	Baseline testing
	5 weeks	Rugby		5 weeks	Football
Autumn 2 mon 30th oct-fri 8th Dec	6 week	Football	Autumn 2	5 week	Rugby
Spring 1 tues 2nd Jan - Fri 2nd Feb	5 week	Netball/Fitness	Spring 1	5 week	Swimming
Spring 2 Mon 19th Feb-Fri 23rd March	5 weeks	Swimming	Spring 2	5 week	Rowing
Summer 1 Tues 17th April - Fri 11th May	4 weeks	Athletics	Summer 1	4 weeks	Athletics
Summer 2 Mon 4th June - 20th July	7 weeks	Rowing	Summer 1	4 weeks	Gymnastics
Summer 2 Mon 2nd July - 23rd July			Summer 2	3 Weeks	Rounders/ Cricket

Venue

ELRFC	Kingsley
Docks	Newham
Mile end	